

Learning disability services



An easy to read page about services for adults with a learning disability



This page tells you what will happen if you (or someone you know) has a Learning Disability and think you need help.

To get help, you must be 18 years old or older.



What is a learning disability?

A learning disability is:

- when you find it difficult to understand new or complicated information or learn new skills
- when you find it difficult to cope on your own, and
- something that started before you were an adult, and had a lasting effect on your development.



Assessment

First of all, you will need an assessment from a social worker to see if we can help.

In the assessment, the social worker will need to find out some information about you, talk to you about it and work out what services we might offer you.



Carer's assessment

If you have a carer we will offer them a carers' assessment.

Please note that having an assessment does not always mean we will give you a service.

What happens next?

If we **cannot** offer you a service, we will tell you about other people who might be able to help, like health services and other organisations.

If we **can** offer you a service, we will:

- talk with you and your carers about your needs, and
- try to find the help you need or give you the money (Direct Payments) to buy the support you need.



What sort of help can I get?

Please see the next web page [What sort of help can I get?](#) for more information about the types of help you can get from Learning Disability Services.



Contact us

Please contact us if you would like more information.



Phone: 029 2053 6111

Gabalfa House
213A North Road
Cardiff
CF14 3GH