

Cardiff Rough Sleeper Strategy Update

Quarter 2 2019/20

Rough Sleeping Monitoring

46 rough sleepers were supported into accommodation through multi-agency interventions.

21% of rough sleepers known to the Outreach Service received homelessness assessments.

81% of clients experienced successful outcomes through the Homelessness Reconnection Service.

Support Needs (as at September 2019)

73% of rough sleepers identified lead support needs relating to substance misuse, 21% to mental health and 6% to alcohol.

Quarter 2 2019/20	Jul	Aug	Sep
Total Rough Sleepers (average over 4 weeks)	69	84	87
Quarterly Average	80		
No Local Connection (at month end)	22	27	13
EEA - No Housing Benefit (at month end)	3	1	4

Multi-disciplinary Team

To date, the Multi-disciplinary Team has received **298 referrals**, with **270 cases opened** to specialist workers. Of the **58 cases** that have been closed, **33 clients (57%)** have successfully secured accommodation or maintained their existing accommodation.

Housing First

Housing First is proving successful in accommodating rough sleepers with high and complex support needs, including the first prison leaver to be housed through the scheme. At the end of quarter 2 there were a total of **21** live tenancies across the three projects (Cardiff Council, Salvation Army and Cardiff Council/HMP Cardiff), with a further **11** clients receiving pre-tenancy support. **91%** of Housing First clients were considered to have broken the cycle of homelessness.

City Centre Tents

Daily engagement with tent users by the Outreach Service has continued, resulting in a significant reduction in the number of city centre tents since the beginning of the year. Regular multi-agency meetings are held regarding each individual and tailored action plans created. Accommodation outcomes are detailed below:

Tent Dwellers Assisted into Accommodation February—September 2019						
Emergency Overnight Accommodation	Front Line Hostel	Supported Accommodation	Return to own property	Rehabilitation Services	Rough Sleeper Project	TOTAL
19	4	1	6	1	1	32



Women's Project at Ty Nos

The Council's Ty Nos project has had considerable success moving long-term rough sleepers into accommodation by taking a person-centred approach, including allowing friends to move in together in groups. Recently an additional 3 bedroom unit has been identified to house women, providing self-contained, female-only emergency provision in response to identified need. The property is due to be ready for occupation in January. Access will be via direct referrals through the Outreach Service.

'Fighting Homelessness' Project

The Fighting Homelessness project launched during this quarter offers people living in hostels or engaged with rough sleeping services the opportunity to take part in weekly boxing and fitness sessions.

The programme aims to improve participants' physical and mental health, as well as increasing life skills through the preparation of a nutritious meal after each session. It is hoped that the project will continue to expand and provide a valuable resource to help sustain healthy lifestyles.

Rob Green, a keyworker for Hostel Services who runs the project, says 'We've had a lot of people through that you would never expect and the outcomes have been unbelievable'. Participants have gained confidence and motivation, resulting in increased engagement with services. Some have gone on to secure work experience and paid work, or accessed permanent accommodation.

Diversionsary Activities

The Warm Welcome diversionsary activities initiative aims to tackle the rise of negative street cultures and build people's skills and ability to move into independent living, through engagement into education, training and employment, and creative and therapeutic outlets.

Since February 2019, almost **1,000** presentations have been made across **130** coffee morning sessions. A further **353** presentations have been made across **66** activity sessions, including art, photography and music workshops, Into Work and Money Advice workshops and sports sessions. In total **292** individuals have been supported through the scheme, leading to **1,930** hours diverted away from street cultures.

Case Study

Jon attended his first coffee morning in February 2019 whilst rough sleeping. Taking part in diversionsary activities developed his confidence and helped create a structured timetable to engage with support, peers and volunteering. As a direct result Jon acquired training and work experience as a barista.

Jon is now housed at Litchfield Court where he has worked closely with his support worker to gain his Food Hygiene Certificate. Following this success, Jon has applied to undertake a Level 2 NVQ in Catering, to learn the skills necessary to follow his ambition to work as a chef.