



PRIMARY SCHOOL MENU

AUTUMN 2025

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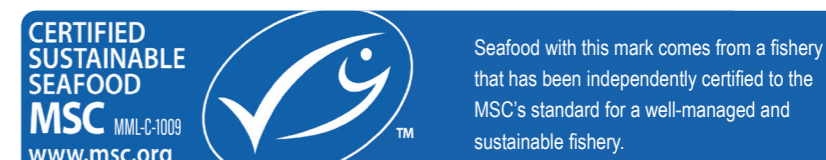
WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISH OF THE DAY	Cheese and Tomato Pizza	Chicken Korma and Naan Bread	Bolognese and Garlic Bread	Roast Pork and Beef Sausage and Gravy	Fish Fingers Salmon Fish Fillet
VEGGIE-DISH OF DAY	No-Whey Cheese and Tomato Pizza	Vegetable Korma and Naan Bread	Veggie Bolognese and Garlic Slice	Plant Based Sausage and Gravy	Fishless Fingers
SNACK OF THE DAY	Tomato and Basil Pasta Pot with choice of cheese or vegan cheese	Filled Jacket Potato with choice of tuna mayo, cheese baked beans or vegan cheese	Filled Jacket Potato with choice of tuna mayo, cheese, baked beans, or vegan cheese	Tomato and Basil Pasta Pot with choice of cheese or vegan cheese	Tomato and Basil Pasta Pot with choice of cheese or vegan cheese
CARBOHYDRATE	Herby Diced Potatoes New Potatoes	Rice	Pasta	Mashed Potato	Chips New Potatoes
VEGETABLES	Sweetcorn Peas Salad	Mixed Vegetables Cauliflower Salad	Carrots Peas Salad	Carrots Broccoli Salad	Baked Beans Peas Salad
DESSERT	Cheese and Crackers	Jelly with Peach Slices	Flapjack	Chocolate Cookie	Apple Crumble and Custard
AVAILABLE DAILY: Fresh fruit, yoghurts, soya vanilla dessert					

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISH OF THE DAY	Pasta Neapolitan Bake and Garlic Bread	Chicken Tikka and Naan Bread	Meatballs in a Tomato Sauce with Garlic Bread	Roast Chicken and Gravy	Fish Fingers
VEGGIE-DISH OF DAY	Pasta Neapolitan Bake and Garlic Slice	Vegetable Tikka and Naan Bread	Plantballs in a Tomato Sauce with Garlic Slice	Roast Plant Based Cutlet and Gravy	Vegetable Nuggets
SNACK OF THE DAY	Filled Jacket Potato with choice of tuna mayo, cheese baked beans or vegan cheese	Tomato and Basil Pasta Pot with choice of cheese or vegan cheese	Filled Jacket Potato with choice of tuna mayo, cheese, baked beans or vegan cheese	Filled Jacket Potato with choice of tuna mayo, cheese, baked beans or vegan cheese	Tomato and Basil Pasta Pot with choice of cheese or vegan cheese
CARBOHYDRATE	Pasta	Rice	Pasta	Roast Potato New Potatoes	Chips New Potatoes
VEGETABLES	Sweetcorn Peas Salad	Mixed Vegetables Broccoli Salad	Sweetcorn Broccoli Salad	Carrots Cauliflower Salad	Baked Beans Peas Salad
DESSERT	Cheese and Crackers	Shortbread	Jelly with Mandarins	Cornflake Crisp	Raspberry Ripple Ice Cream Roll and Peach Slices
AVAILABLE DAILY: Fresh fruit, yoghurts, soya vanilla dessert					

- Suitable for vegetarians
- Suitable for plant-based diets or can be made for a plant-based diet



*This menu has been analysed by the Welsh Local Government Association and is compliant to all food and nutritional standards contained in the Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013.