

# EDUCATION CATERING ALLERGEN INFORMATION MATRIX (SECONDARY SCHOOLS THEME DAYS) – MARCH 2018

Menu Item	None	Celery	Cereals (containing gluten) B = BARLEY O = OATS W = WHEAT R = RYE	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts A = ALMONDS B = BRAZIL NUTS C = CASHEW NUTS H = HAZELNUTS M = MACADAMIA NUTS P = PECAN NUTS PI = PISTACHIO NUTS W = WALNUTS	Peanuts	Sesame	Soybeans	Sulphur Dioxide
<b>CHINESE NEW YEAR</b>															
Chinese Style Curry Sauce			w							✓					
Egg Fried Rice			w		✓									✓	
Egg Noodles			w		✓										
Lemon Chicken with Green Chillies		✓	w											✓	
Prawn Crackers				✓											
Sweet Chilli Sauce	✓														
Sweet & Sour Chicken Noodles			w		✓									✓	
Thai Sweet Chilli Vegetable Noodles			w		✓									✓	
Vegetable Spring Rolls			w										✓	✓	
Yin Yang Cookie – Shortbread Biscuits with Plain and White Chocolate			w					✓						✓	
<b>CHRISTMAS DEALS</b>															
Apple Strudel Muffin			w		✓			✓							
Black Forest Frappe								✓							

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Chocolate Lime			W		✓			✓							
Chocolate Orange Muffin			W		✓			✓							
Christmas Pudding			BW		✓										
Christmas Pudding Latte								✓							
Christmas Surprise Cakes			W		✓			✓						✓	✓
Christmas Tree Shortbread			W					✓							
Chocolate & Cranberry Muffin			W		✓			✓							
Chocolate & Raspberry Muffin			W		✓			✓							
Cranberry & White Chocolate Muffin			W		✓			✓						✓	
Gingerbread Milk Hot Chocolate								✓							
Gingerbread White Hot Chocolate								✓							
Mince Pie			W												✓
Milk Chocolate Dipped Shortbread Snowman			W					✓						✓	

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Milk Chocolate Dipped Shortbread Star			W					✓						✓	
Milk Chocolate Orange Cookie			W		✓			✓						✓	
Mini Christmas Cake/Christmas Cake Slab			W					✓							✓
Mulled Blueberry Muffin			W		✓			✓							
Raspberry & White Chocolate Muffin			W		✓			✓						✓	
Roast Turkey, Stuffing & Cranberry Baguette			W												
Sausage & Bacon Stuffing Rolls			W		✓			✓							✓
Tinder Toffee Frappe								✓							
Turkey Salad			W		✓			✓							✓
Ultimate Toasted Marshmallow Hot Chocolate								✓							
Vegetarian Salad		✓	W		✓			✓							
White Chocolate Dipped Shortbread Snowman			W					✓						✓	

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White Chocolate Dipped Shortbread Star			w					✓						✓	
White Chocolate & Raspberry Christmas Cookies			w		✓			✓						✓	
Winter Soup		✓													
<b>SHROVE TUESDAY</b>															
Pancakes			w		✓			✓							
<b>ST. DAVID'S DAY</b>															
Lamb Brioche Burger with Mint & Yoghurt Sauce			w		✓			✓							✓
Spicy Lamb Meatball Flatbread			w					✓							✓
Garlic & Thyme Potato Slices	✓														
Leek & Potato Soup		✓													
Welsh Cakes			w		✓			✓							
Lamb Brioche Burger with Mint & Yoghurt Sauce (Halal Recipe)			w		✓			✓							

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Spicy Lamb Meatball Flatbread (Halal Recipe)			W		✓			✓							

## NOTES

- Components of a meal are listed separately if dishes can be constructed with different variations
- Where a menu item has an allergen highlighted with a (✓) Education Catering have identified a risk of cross contamination that cannot be eliminated.
- Food items that are purchased by Education Catering pre-packed for resale are not listed on this matrix. Allergen information for those products can be found on the packaging.
- All information is correct at the time of printing.
- Education Catering establishments operate in a multi-disciplined environment and cannot guarantee the elimination of the risk of cross contamination of allergens.
- This document is available in Welsh/Mae'r ddogfen hon ar gael yn Gymraeg.