

EDUCATION CATERING – DECEMBER 2017

ALLERGEN INFORMATION MATRIX (PRIMARY SCHOOLS)



Menu Item	None	Celery	Cereals (containing gluten) B = BARLEY O = OATS W = WHEAT R = RYE	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts A = ALMONDS B = BRAZIL NUTS C = CASHEW NUTS H = HAZELNUTS M = MACADAMIA NUTS P = PECAN NUTS PI = PISTACHIO NUTS W = WALNUTS	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Battered Pollock			W			✓									
Beef Burger			W												✓
Cheese Burger			W					✓							✓
Beef Burritos			W					✓							
Cheese & Onion Pasty (DMS Only)			W					✓		✓					✓
Cheese & Tomato Pizza			BORW					✓							
Cheese (Salad) Baguette			W					✓		✓					
Cheese (Salad) Sandwich			W					✓						✓	
Cheese (Salad) Wrap			W					✓							
Chicken & Broccoli Pasta Bake			W					✓							
Chicken & Pepperoni Pasta Bake			W					✓							
Chicken & Spinach Balti		✓								✓					
Chicken Curry (DMS Only)		✓						✓		✓					✓
Chicken Korma			W					✓		✓					
Chicken Korma (DMS Only)								✓			A				
Chicken Tikka		✓						✓		✓					

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Chicken Tikka Masala (DMS Only)									✓							
Chicken, Tomato & Pasta Bake (DMS Only)			w													
Country Vegetable Bake			w						✓							
Egg Mayonnaise (Salad) Baguette			w			✓					✓					
Egg Mayonnaise (Salad) Sandwich			w			✓					✓				✓	
Egg Mayonnaise (Salad) Wrap			w			✓					✓					
Fish Fingers			w				✓									
Ham (Salad) Baguette			w								✓					
Ham (Salad) Sandwich			w								✓				✓	
Ham (Salad) Wrap			w								✓					
Jacket Potato with Beans																✓
Jacket Potato with Cheese									✓							
Jacket Potato with Tuna Mayonnaise						✓	✓									
Macaroni Cheese			w						✓		✓					
Macaroni Cheese (DMS Only)		✓	w						✓		✓					

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Cheese Sprinkle								✓							
Chipped Potatoes	✓														
Coleslaw			W		✓					✓					✓
Creamed Potato								✓							
Free Bread			W											✓	
Garlic Bread			W												
Gravy		✓	BW					✓							✓
Green Beans	✓														
Mixed Salad										✓					
Mixed Vegetables	✓														
New Potatoes	✓														
Pasta			W												
Peas	✓														
Rice	✓														
Roast Potatoes	✓														
Sage & Onion Stuffing			W												
Sprouts	✓														
Sweetcorn	✓														
Tomato & Basil Pasta Pot			W					✓							✓
Tomato Ketchup			W												✓
Yorkshire Pudding			W		✓			✓							

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Ice Cream									✓							
Lemon Sponge (DMS Only)			w			✓										
Muesli Cookie			ow						✓							✓
Pancake			w			✓			✓							
Peach Slices in Juice																
Pear & Chocolate Sponge			w			✓			✓							
Pear Halves in Juice	✓															
Raisins	✓															
Raspberry Arctic Roll			w			✓			✓						✓	
Raspberry Muffin			w			✓			✓							
Rice Pudding									✓							
Roly Poly Chocolate (DMS)			w			✓			✓							
Roly Poly Jam Pudding (DMS Only)			w													
Roly Poly Treacle (DMS Only)			w			✓			✓							
Scone with Jam			w						✓							
Shortbread Fingers			w						✓							
Sultana Scones (DMS Only)			w			✓			✓							

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DRINKS															
Apple Juice	✓														
Orange Juice	✓														

NOTES

- Components of a meal are listed separately if dishes can be constructed with different variations
- **DMS** Schools are Birchgrove Primary, Lansdowne Primary, St Cuthbert's Primary, St Joseph's Primary and St Monica's Primary. Howardian Primary also use some DMS products, please check with the Kitchen Manager for further details.
- All information is correct at the time of printing.
- Food items that are purchased by Education Catering pre-packed for resale are not listed on this matrix. Allergen information for those products can be found on the packaging.
- Education Catering establishments operate in a multi-disciplined environment and cannot guarantee the elimination of the risk of cross contamination of allergens.
- This document is available in Welsh/Mae'r ddogfen hon ar gael yn Gymraeg.