



# STUDENT PRICE LIST

Any starred item can be purchased individually or upgraded to a Meal Deal at £3.05 and includes an item from our homemade bakery OR an item of fruit & a bottle of chilled Welsh water

## Breakfast

See breakfast menu boards.  
Where available.

## Meal Of The Day - £3.05

A homemade, freshly prepared meal of the day. Served with side orders & a bottle of chilled Welsh water.  
\*See posters for today's options.

## Grab Bag

### Option A: £3.05

½ baguette, fruit & homemade bakery item & a bottle of chilled Welsh water

### Option B: £2.48

\*Where available  
½ baguette, fruit & a bottle of chilled Welsh water.

## Fffre2Go/Street Food

A street food themed Grab & Go option.  
Boxed meal **£2.58**  
\*See posters for today's option

## Salads

- Pasta layered salad **£2.48**
- Premium chicken salad **£2.69**
- See seasonal promotional posters

## Pasta Pot - £2.17

A healthy and filling range of pasta & sauce.

- Add garlic bread **£0.28**  
(Garlic bread is included in meal deal)

## Jacket Potato

Oven baked & full of goodness & served with a salad garnish.

- Plain jacket potato **£1.08**
- Filled potato **£2.48**
- Beans & cheese
- Cheese & coleslaw
- Tuna mayo & cheese

## Soup (Seasonal)

Fresh, hot, wholesome & healthy.

- Bowl of soup **£1.39**
- Freshly baked bread roll **£0.28**
- Flora butter portion **£0.23**

(Bread roll is included in meal deal)

## Sandwiches, Baguettes & Wraps

- Standard sandwich **£2.03**
- Premium sandwich **£2.14**
- Toasted sandwich **£2.14**
- ½ a filled baguette **£1.34**
- Filled baguette **£2.69**
- Filled wrap **£2.48**
- Deli sub **£2.69**
- ½ panini **£1.34**
- Panini **£2.69**

## Savouries

- Toast slice **£0.38**
- Toasted bagel **£0.81**
- Bacon OR sausage bap **£1.50**
- Bacon OR sausage bagel **£1.71**
- Cheese & onion pasty **£1.50**
- Bacon & cheese turnover **£1.55**
- Pizza slice/calzone **£1.50**
- Chicken/Quorn burger **£1.50**
- Chicken/Quorn burger with cheese **£1.65**
- Cheese on toast **£1.08**

## Sides

- Sauce portion **£0.11**
- Jam portion **£0.17**
- Grated cheese (30g) **£0.83**
- Baked beans **£0.83**
- Curry sauce **£0.42**
- Pasta/rice **£1.08**
- Vegetables of the day **£0.56**
- Potato portion **£1.82**
- Side salad **£0.96**

## Bakery

- Homemade cookie **£0.98**
- Homemade cakes, muffins & flapjacks **£1.08**
- Homemade dessert & custard **£0.88**
- Branded mini muffins **£0.54**
- Branded cookies, muffins & flapjacks **£1.19**

## Fruit & Yogurts

- Fresh fruit item **£0.41**
- Fresh fruit bag **£0.46**
- Fresh fruit salad **£1.08**
- Fruit & yogurt crunch **£1.29**
- Muller yogurt **£0.64**
- Frozen yogurt pot **£0.86**
- Frozen yogurt cone **£0.64**

## Hot Drinks £1.15

Made with our own blend of Fairtrade coffee. (where available)

- Americano
  - Café latte
  - Cappuccino
  - Tea
  - Mocha
  - Hot chocolate
- £0.81**

## Cold Drinks

- Frozen jubbly **£0.54**
- Milk carton **£0.69**
- Fairtrade juice 200ml **£0.69**
- Fairtrade juice 500ml **£1.29**
- Aqua 67 **£0.83**
- Welsh bottled water **£0.83**
- Radnor Fizz **£0.93**
- Mambo **£0.93**
- Yazoo milkshake **£1.39**
- Smoothie/frappe **£1.24**
- 50% fruit squash **£0.42**



Allergen information is available on request  
Mae gwybodaeth am alergenau ar gael ar gais

[www.cardiff.gov.uk/schoolscatering](http://www.cardiff.gov.uk/schoolscatering) [www.caerdydd.gov.uk/arlwyoygolion](http://www.caerdydd.gov.uk/arlwyoygolion)

cardiffcatering  
arlwyocaerdydd