

Sensory Bottle



Sensory bottles are a great way for children to explore and have fun.

What should I put in my bottle? You can really put anything you want inside the bottle, you can make glowing bottles by putting glow in the dark stars or paint or any other items that glow in the dark and fit inside the bottle.

You could make sound sensory bottles or musical instruments by putting everyday items such as pasta and rice into your bottle to create different sounds.

You can make colourful sensory bottles with liquid paint and vegetable oil or you could add lots of different colour items to the bottle. We have added different bright colour items to water and glued the lid on with adhesive or strong glue (make sure to get help from a grown up for this part).

